

Unit 4 Lifestyles

Nouns

- * Aspect: one part of a situation, idea, plan etc that has many parts
- aspect of
- * Attitude: the opinions and feelings that you usually have about something, especially when this is shown in your behaviour
- * (Achieve a)balance
- * Creativity: the ability to use your imagination to produce new ideas, make things etc
- * Daily routines
- * Disappointment: a feeling of unhappiness because something is not as good as you expected, or has not happened in the way you hoped
- * Fulfillment: the feeling of being happy and satisfied with your life because you are doing interesting, useful, or important things
- * Insight: a sudden clear understanding of something or part of something, especially a complicated situation or idea
- * Optimist: someone who believes that good things will happen
- * Outlook: your general attitude to life and the world
- * Pessimist: someone who always expects that bad things will happen OPP optimist
- * Priority: the thing that you think is most important and that needs attention before anything else
- * Pressure: an attempt to persuade someone by using influence, arguments, or threats
- * Realist: someone who accepts that things are not always perfect, and deals with problems or difficult situations in a practical way
- * Risk-taker: when people do things that involve risks in order to achieve something
—risk-taker noun [countable]
- * Self-expression: the expression of your feelings or thoughts, especially through activities such as painting, writing, or acting
- * Sense: a feeling about something
- sense of

Adjectives

- * Confused: unable to understand or think clearly about what someone is saying or what is happening
- * Dissatisfied: not satisfied because something is not as good as you had expected OPP satisfied
- * Intense: having a very strong effect or felt very strongly
- * Materialistic: concerned only with money and possessions rather than things of the mind such as art, religion, or moral beliefs – used to show disapproval
- * Recreational: rec·re·a·tion: an activity that you do for pleasure or amusement —recreational adjective

Verbs

- * Appeal: an urgent request for something important
- appeal for
- * Attract: to make someone interested in something, or make them want to take part in something
- attract somebody to something
- * Fulfill: if you fulfill a hope, wish, or aim, you achieve the thing that you hoped for, wished for etc
- * Motivate: to be the reason why someone does something SYN drive
- * Participate: to take part in an activity or event
- * Satisfy: to make someone feel pleased by doing what they want

Verb phrases

- * Lead a happy life
- * Live life on the edge
- * Live life to the full
- * Make a choice
- * Make a decision
- * Make a living
- * Meet a need
- * Miss (an opportunity)
- * Play a role
- * Put pressure on
- * Set (a goal): set (somebody) a goal
(also set (somebody) a task/challenge British English) to say what you or someone else will or must try to achieve
- * Take part (in): take something in good part
- old-fashioned to accept jokes or criticism about you without being upset
- * Work hard for a living

Phrases for with life or living

- * All walks of life: when it's said, talking about different type of jobs and different levels of society.
- * Cost of living
- * Lifelong ambition: -strong desire to achieve something
- * Living expenses: the money you need to spend in order to live, for example on food or a house
- * Once in a lifetime opportunity
- * Standard of living
- * Way of life

